

Neurodynamic Solutions

Newsletter - August 2008



Greetings Everyone.



As promised, the feature article for this newsletter is entitled 'The Sporting Nerve - **Part Two**'. One of the fascinating and often hidden problems with sports people is the potential for a neurodynamic problem to hinder performance. This is particularly the case when there are no obvious signs of neural disorders, such as pins and needles, numbness or neurological changes. Read below how you can improve the sensitivity and specificity of your examination to detect the subtle sporting nerve.

Michael Shacklock

Feature Article - The Sporting Nerve - (Part Two - Lower Quarter)



One of the more important aspects of management of patients at a high level of function is to increase the sensitivity of the manual treatment technique so that small or hidden problems do not pass untreated. In this capacity, neurodynamic testing is no exception. A key objective therefore is to modify the technique so that it becomes as specific as possible to the patient's problem.

[Read Full Feature - The Sporting Nerve \(Part Two\) ...](#)

NDS in the USA - NDS braves Atlanta for its New USA Hub



After much deliberation, Neurodynamic Solutions has made the brave decision by choosing Atlanta, GA, for its new hub in the United States. The decision was based on a number of things, great people and facilities were two of the reasons.

Included also was the opportunity to perform collaborative research at [Georgia State University](#) (GSU). We are now therefore collaborating with the university to produce a series of studies in relation to evaluating the effects of neurodynamic techniques in the lumbar spine.

[Read Full Article on NDS in the USA ...](#)

New American Instructor joins NDS



NDS has experienced a big increase in interest in courses in the United States. In response to this, we are very pleased to announce that a new instructor has joined NDS Team, Mister [Russell Foley](#) PT.

He will be available from late 2008 to teach NDS courses throughout the United States and Canada. Again, we are very proud to have Russell on NDS Team and look forward to a long and enjoyable association with him.

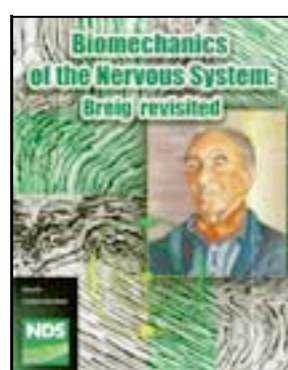
[Read News Article on New American Instructor ...](#)

NDS meets Alf Breig's Daughter at IFOMT

Whilst at the IFOMT congress in Rotterdam Holland, Michael and two others had the pleasure of meeting Dr Breig's daughter, who lives in the area. They spent time reminiscing over his life and what sort of man he was. It was widely agreed upon that he was a very strong man who was completely dedicated to the development of knowledge of biomechanics of the nervous system. Michael was joined by Professor José Miguel Tricas Moreno and Elena Bueno Gracia, both OMT therapists from Spain who also have a keen interest in clinical neurodynamics.

Interested in the Breig Book?

There has been a lot of interest in the new Breig book as an icon in Physiotherapy/Physical Therapy and Neurodynamics. Remember, Dr Alf Breig was the Leonardo da Vinci of the mechanics of the nervous system and, after performing cadaver dissections and many biomechanical experiments on numerous cadavers, NDS has released a wonderful compilation of his best work. It is full of glorious pictures, hand drawn by Breig, himself an artist, and many of the anatomical photographs were taken by Sweden's most famous medical photographer who was the Netter of medical photography. [Read more about Breig Book ...](#)



[Biomechanics of the Nervous System: Breig revisited](#)
[Purchase online through PayPal.](#)



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Conference IFOMT 08 Rotterdam, Holland - Neurodynamics gets standing-room-only reception



NDS Neurodynamic Solutions gave four appearances at what is effectively the world congress on manual therapy, two pre-conference workshops and two conference presentations. All the presentations were fully subscribed and the actual conference events were standing room only in both of these events. [Read More ...](#)

NDS España Developing Rapidly



NDS is holding another instructor development event at the University of Zaragoza, in October. This we hope will advance the [Spanish Instructors](#) so they will be free to teach throughout Spain in the next year (Remember that the University of Zaragoza was for a time the home of the famous Nobel prize winning Rebel and [Neuroscientist Ramón y Cajal](#)).

We announce a New Course in Spain this year

- *Five Day Upper & Lower Quarter Clinical Neurodynamics University of Zaragoza October 7-11, 2008*
- *Language - English with Spanish Verbatim Translation*
- *If you are interested in this course, please register soon because last time it was fully booked and many people did not receive a place.*

[For more information see Global Programme ...](#)

NDS India Opens with Successful First Course in Bangalore

NDS is expanding rapidly and, as such, had the first franchised course in India. It was taught by [Kiran Challaqundia](#), the first Indian NDS Instructor. Kiran has some excellent credentials, to name a few:

- *Based in Hyderabad, India*
- *Trained at Manipal University, India, as a Graduate Physiotherapist*
- *Post Graduate Master of Applied Science at the University of South Australia*
- *Physiotherapist for the Deccan Chargers, Indian Premier League*
- *Winner of the 2008 Outstanding Alumni Award, Manipal University*

There has been considerable interest in **NDS Courses in India** and [we are looking for Potential Course Host Registrants](#).

If you are interested in hosting a course in INDIA, please [Register your Interest for Hosting a Course here ...](#)

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